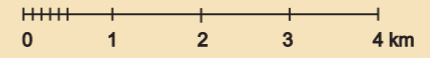


SLOVINSKI NATIONAL PARK



LEGEND

- National Park Boundaries
- - - Red tourist trail
- - - Yellow tourist trail
- - - Green tourist trail
- - - Blue tourist trail
- - - Black tourist trail
- - - Pomeranian trail of st. Jacob
- - - Cycle route "Golden sands"
- - - Educational trails
- - - Tourist trail for hiking
- - - Flooded tourist trails after heavy rain,
- - - Sandy tourist trails difficult in sunny and hot days,
- - - Uneven tourist trail
- Forests
- Dunes
- Meadows, Arable lands
- Available beaches
- Water area of SNP
- Rivers
- Available water area for tourism and water recreation
- Cruise through Lebsko Lake
- Available canoe trail
- - - A ban on swimming in line 300 m from the shore
- Canoe trail
- End of canoe trail
- Launching water equipment
- Water equipment rental
- ▲ Old forest
- Available water area for sailing
- Available water area for swimming
- Tower
- Lighthouse
- Place of rest
- Observation deck
- Rocket launcher from World War II
- Cash point
- Museum
- SNP Management
- Parking
- Toilet
- Restaurant
- Rental bicycle and travelling by electric carts meleks type
- Campsite
- Locality, road





Slovinski National Park



Polskie Parki Narodowe



1. Advice for visitors

- In the Park you can walk from dawn to dusk every day of the year.
- You can walk only the tourist tracks, they help you observe the wildlife of the Park. Tourist tracks are well marked.
- If you get tired you can relax in a specially prepared shelters and benches.
- Flowers, fruits, mushrooms are under the protection in the Park. You enjoy their beauty, but don't pluck them or destroy them.
- Don't make noise. Remember that the Park is home to the animals which afraid of loud noises.
- Don't use an open flame - don't make any bonfire and don't smoke. You don't want cause a fire.
- Take your waste back home with you. Only as a last resort dispose of garbage in the garbage bins prepared for this purpose. Remember that trash can pose a threat to animals.
- On the tourist trails (except the beach), you can take your pet. But remember that dog must be on a leash.
- If you want to use forms of water recreation in the Park, you can do it, but only on available reservoirs for this purpose.
- If you are traveling motor vehicle, remember that vehicles can drive only on public roads and marked access roads to the parking.

2. Entrance fees

A fee for admission to the Park, is charged from 1st May to 30th September. Actual ticket prices can be found at: www.slowinskipn.pl and the ticket offices. Ticket offices are located in: Rąbka, Rowy and Czolpino Forest on the parking lot, parking Czolpino - former military station and the parking lot near Dolgie duze lake. Remember that you need to have a ticket on the routes: Leba - Rowy (red), Rowy - Dolgie Duze Lake - Rowy (green), Rowy - sea shore (black), Gardno Lake - sea shore (black), Dolgie Duze Lake - Parking - sea shore (black), Czolpino - beach - Lighthouse - Czolpino (blue), Rąbka (launcher) - sea shore (black), Rąbka (gate) - sea shore (black), Stara Leba - sea shore - Łacka Dune - Stara Leba (green); with the exception of free places for sunbathing, along with roads referred to in point 9.

In SNP you can take advantage of the discount tickets and fee waivers.

Waiver of fees are:

- children under 7,
- people, who possess the permission of the SNP's director for carrying out scientific research within the scope of nature protection,
- school pupils and students performing didactic classes at the SNP in the scope agreed with the director of the SNP
- residents of the communes situated within the borders of the SNP
- people proceeding to the selected beaches of the selected roads
- people proceeding to the places of religious cult.

Discount tickets are entitled to:

- school pupils and students,
- pensioners,
- disabled people (and their guardians)
- soldiers on active duty
- adults performing didactic classes at the SNP, with the written permission of the director SPN

In the SNP you can see the facilities such as the Museum of Nature in Smoldzino, branches of the Museum in Rąbka and Rowy, view-tower Rowokół, the Lighthouse in Czolpino. The entrance to them is an extra charge (ticket prices can be found on the website: www.slowinskipn.pl). Before visiting the park it is advisable to take a look the offer of external companies (point 4), as it may be associated with additional costs.

3. Tourist trails

SNP offers more than 150 km of tourist trails for visitors. The majority of routes are land trails (walking and cycling), and the minority - water trails and canoe trails. Hiking trails are available for cycling. You can ride your own bike or you can rent it in Rowy, Smoldzino, Smoldziński Las and Rąbka. Through the Park also runs the International cycle route around the Baltic Sea R-10 and Pomeranian trail of St. Jacob. Tourist trails are marked in five colours: black, red, green, blue and yellow. The colours

don't show difficulty of the trail, they only serve as means to identify the trail in the area of the Park.

Canoe trails:

- On Łupawa River – to the estuary of the river to Gardno Lake, and in a straight line from the estuary river to Gardno Lake, to the harbor PTTK in Gardna Wielka, as well as part of the river from the estuary river from Gardno Lake to the border of SNP
- On Leba River – from the border of SNP, in the upper reaches of the river, to the bridge on the road Izbica - Gać

Difficulties on the trails

On some routes may be difficulties related to the weather. In the Park there are both wetland areas and sandy areas, so you must remember taking proper precautions (Appropriate footwear, clothing, mosquito repellants, cosmetics which protect from the sun, a hat to protect from sun stroke, as well as the water to prevent dehydration).

- flooded tourist trails after heavy rain:
 - yellow trail, Gardna Wielka - Leba, on a section Kluki-Izbica.
 - green trail, Rowy - Dolgie Duze Lake - Rowy, on the section that runs along the north shore of Gardno Lake.
 - red trail, Leba - Rowy, on the section of the descent from Czolpińska dune to the intersection with the black trail near Dolgie duze Lake.
 - blue trail, Gardna Wielka - Rowokół, on the section near the Łupawa river
- sandy tourist trails difficult in sunny and hot days:
 - red trail, Leba - Rowy, on the section running through the dunes Czolpińska and Łacka.
 - green trail, Stara Leba - Sea Shore - Łacka Dune - Stara Leba, on the section running through Łacka dune.

4. Other travel services

Offers services of external companies:

- Bike rental in Rąbka (www.wydmyruhome.pl)
- Travelling by electric carts meleks type (www.wydmyruhome.pl), on the section Rąbka – dunes
- Military Exhibition „Rocket Launcher„ (www.lebskiserwisturystyczny.pl)
- Passenger cruise on Lebsko lake (www.lebskiserwisturystyczny.pl)
- Museum of the Slovinian Village in Kluki (www.muzeumkluki.pl)
- Water equipment rental in Rowy (equipment recreational and sport)
- Water equipment rental in Retowo (equipment recreational and sport)

5. Parkings

- Rąbka parking - fee per hour
- Czolpino former military station - fee per day
- Czolpino forest – fee per day
- Parking in Smoldziński Las – fee per day
- Parking in Kluki - free

Actual parking fees on the website: www.slowinskipn.pl

6. Tourist facilities

Tourist facilities which helps observe wildlife of the SNP

I Viewing bridges:

- over Gardno Lake - northern part of the lake, access green and red tourist trail from the village Rowy
- over Dolgie Duze Lake - south-western part of the lake, access the red trail
- over Dolgie Male Lake - south-eastern part of the lake, access the red trail.
- over Lebsko Lake - near the former rocket launchers, access red and green trail.
- over Lebsko Lake - in Rąbka village
- over Lebsko Lake - in Kluki village
- over Lebsko Lake - near estuary of the river Leba

II Viewing platform

- in Czolpino, access from the parking Czolpino Military Station.

- in Rąbka, near the green tourist trail

III Viewing towers:

- over Gardno Lake - south-western part of the lake, from Pomeranian trail of Saint Jacob.
- over Gardno Lake, near tourist trail Gardnieńskie Łęgi
- over Lebsko Lake, near tourist trail Kluki Las
- over Lebsko Lake in Rąbka village
- over Lebsko Lake in Kluki village
- on Rowokół hill, access blue trail from Smoldzino village

7. Water tourism

In the SNP, fragments of two reservoirs, Gardno Lake and Lebsko Lake, are available for tourism and water recreation:

- Gardno Lake - south-eastern part of the lake, limited straight line which connects the estuary of the Łupawa river with estuary of the Grabownica river. Slipway only allowed on Płyta Retowska and the harbor PTTK in Gardna Wielka.
- Lebsko Lake:
 - a) eastern part of the lake Lebsko limited straight line which connects the viewing bridge near Rocket Launcher with Żarnowski Peninsula. Except 300m along the eastern shore of the Żarnowski Peninsula.
 - b) southern part of the lake Lebsko limited straight line which connects viewing bridge near estuary of the Leba river with the viewing bridge in Kluki. Except 300 m along the shore from the viewing bridge in Kluki to the Lisia Góra village.

For all water reservoirs you can't swim into the reeds and bulrushes. There are available places for kite surfing in the period from July 15 to August 31.

Remember, that outside of these available reservoirs, swimming is forbidden (including flow through the lake). These coastal lakes are shallow, large and have violent waves, which makes them very dangerous - do not risk your health and life.

8. Cruise through Lebsko Lake

An incredible attraction in the Park is possibility of taking a cruise through the Lebsko Lake on the passenger boat. Two trails are available:

- Rąbka - former Rocket Launcher – Rąbka (from 1st May to 30th September)
- Rąbka – Kluki – Rąbka (from 1st July to 30th September)

Details of these cruises are available on:

www.lebskiserwisturystyczny.pl

9. Places available to sunbathe

On the SNP are designated free space to sunbathe. They are reachable by free of charge designated trails.

- Beach on the section from the Rowy to 300 m on east of descent black liaison tourist trail. Free access only green trail: Rowy - sea shore
- Beach on a stretch of 3000 m limited from the west place situated of the descent to the sea black liaison trail, to a place situated 1000 meters east of the descent to the sea the blue trail near the Red Shed (between the posts indicating 204 km and 207 km of coastline). Free access only blue trail: Czolpino – sea shore
- Beach between the descent green tourist trail in the neighborhood of the Lake Dolgie Male, 500 m in the easterly and westerly direction
- Beach on Lake Gardno, in Gardna Wielka village
- Beach on the stretch between the Leba and a line 300 meters on the west from the descent the black trail. Free access only green trail Leba-sea shore. Remember that access is forbidden on the dunes bordering with the beach. The dunes are home for plants and animals, you do not want to destroy it.

10. Horse riding tourism

In the SNP horse rides are permitted (only in May and September) provided that You are having the written permission of the Director SNP,

which sets out the exact date and route.

The fee for each horse (plus ticket for the rider). Actual prices on the website: www.slowinskipn.pl

11. It's worth to remember

- The year the Park was created - 1967
- The SNP was embodied in the UNESCO MaB program „Man and Bio-sphere” - 1977
- The Park has been included in the Convention on Wetlands (‘Ramsar’) - 1995
- The Park has been included in the ecological network Natura 2000-2004
- Park Area - 32744.03 ha
- Areas under strict protection 5327.03 ha
- Areas under active protection - 26952.67 ha
- Areas under landscape protection - 464.33 ha

12. Dunes

One of the most attractive and also the most visited areas in the SNP is Lebska Spit with moving dunes. Processes occurring here are related with the wind which causes sand deposition or stripping away of. Moving dunes are moving at the speed of 2-9,5 m / year. The sand movement starts when the wind blows with the speed of at least 5m/s. Sand dunes are characterized by steep front of the dune and gentle ridges. The sand is moved by the wind on a gentler slope, when it reaches the top of the dune it falls on the steep slope. Dunes are moving from west to east because this direction of the wind dominates on the Polish coast. In addition to the moving dunes in the SPN are also dunes partially stabilized by pioneering plants so-called white dunes and gray dunes stabilized by the lichens and bryophytes.

13. Fauna and Flora

The fauna in SNP is very rich. Of the 450 species of birds observed in Poland, a total of 270 species have been found in the Park since the early XX century, among them a european herring gull, ringed plover, little tern, and the golden eagle, white-tailed eagle and crane. Mammals found in the SNP account for about 60% of the species identified in Poland. On the beach you can find gray seal, near the water reservoir - the beaver and otter, and in the forest - deer, wild boar or badger. Smaller animals that you can find are the common toad, moor frog, smooth newt, (belonging to amphibians) and sand lizard and common european viper (belonging to reptiles). The flora in the SNP is also very rich. It includes: 911 species of vascular plants and 165 species of bryophytes. There are also about 300 species of algae, 424 species of fungi, as well as 225 lichens that can be found here. The vascular plants of the park currently includes 46 species under strict protection, and 14 species of partial protection. Some interesting species which You can find here marsh helleborine (Epipactis palustris), greek valerian (Polemonium caeruleum), Linaria odora, round-leaved sundew (Drosera rotundifolia), Daphne mezereum, and spore-bearing plants such as royal fern (Osmunda regalis) and representative of rare in Poland Lycopodiophyta: inundated club moss (Lycopodiella inundata). Remember that the biodiversity of the SNP is primarily created by wetland ecosystems, which provide the high ranking of the Park.

14. Important phone numbers

- police: 997, 112
- fire brigade: 998, 112
- ambulance service: 999, 112
- Secretariat of the SNP: 059 8 117 204 (only to 21:00)
- A. Rykaczewski - chief of park rangers: 508 36 66 92

Actual touristic news you can find at website:
www.slowinskipn.pl